

PRESEDATION INSTRUCTIONS

This type of sedation will produce a dream like state. Most people will become indifferent to the dental procedure after the sedation takes effect. The sedation is given 30-60 minutes before the dental procedure in our office.

In order for the sedation to be most effective, please follow these instructions.

- 1) Do not eat **anything** within 8 hours prior to your appointment or drink anything other than water, clear tea or black coffee or apple juice for 2 hours prior to appointment. You may take medication prescribed by your M.D; use only a sip of water.
- 2) Do not wear contact lenses to the appointment.
- 3) No alcohol for 12 hrs before your appointment.
- 4) No nail polish, including clear.
- 5) You must have a responsible person with you to escort you home and be given post sedation and surgical instructions. You may not take public transit or a taxi home unescorted!
- 6) Do not drink grapefruit juice 24hrs prior to surgery.
- 7) Please advice our office of any medications that you are taking whether prescribed or over the counter.

IF YOU HAVE ANY OTHER QUESTIONS PLEASE CALL
Dr. Brian Kumer
416 605-0008