

**AFTER SEDATION INSTRUCTIONS**  
**24 hours after surgery**

- 1) Do not drive or operate hazardous equipment for 24hrs after sedation.
- 2) A responsible person should remain with the patient until they are fully recovered from the effects of sedation.
- 3) Patients must not go up or down stairs unescorted for 24hrs.
- 4) No unattended bath or shower for 24 hrs.
- 5) Diet is restricted by surgical procedure not the sedation.
- 6) Drink plenty of fluids, 1.5-2 litres per day in the first three to four days.
- 7) Always hold patients arm when walking. Alert and sleepy patients need to be treated in the same manner.
- 8) Don't use any pillows for the first night.
- 9) No alcohol for 24hrs
- 10) Call if you have any questions or concerns. If you feel that your symptoms warrant a physician and you are unable to reach us go to the nearest emergency room immediately.

Following most surgical procedures there may be pain. You will be provided with a prescription for medication that is most appropriate for you. Antibiotics and Pain killers are the usual medications being prescribed, although antibiotics are not always required. Please follow the directions on the bottle of the medications. If you are taking any other medications and are concerned about drug interactions speak to the dentist or your pharmacist.

**DR BRIAN KUMER**

**416 605-0008**